PARISH COMMUNITY OF ST. JOSEPH

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January 14th, 2024 2nd Sunday in Ordinary Time

†JANUARY 14^{тн}, 2024 t

REV. DOUGLAS MACDONALD-PASTOR CHAPLAIN CAPE BRETON UNIVERSITY Rev. Mr. Roy Smith, Deacon roy.smith@hotmail.ca

Leadership Ministry Team

Pam Hall- Secretary /Faith Formation, Cavell Young -Bookkeeping, Sally Ryan- Liturgy, Monica Shebib-Baptism, / Bereavement/Funeral Team, Lana Verschuren- Finance

DANIEL MCKEOUGH-HOLY CROSS **CEMETERY 902-577-1717**

| | | ST. J | OSEPH PARISI | H NEXT | WEEK | Mass Intentions |
|---|----------------------------|----------------------------------|--------------|-------------|---------------------------------|--|
| Date | Loca | tion | Time | Details | | FOR THE WEEK |
| Mon. Jan. 15th | St. Joseph Hall | | 11am | | | For Fr. J. J. MacDonald |
| Tues. Jan.16th | St. Ann's Alder Point | | 10:30 am | - | | Funeral Mass |
| Wed. Jan.17th | Holy Family (Sydney Mines) | | 9am | St. Anthony | | For Persecuted Christians around the World |
| Thurs. Jan. 18th | Holy Family (Sydney Mines) | | 9am | | | For Deacon Brian |
| Fri. Jan. 19th | Holy | Family (Sydney Mines) | 9am | | | |
| Sat. Jan.20th | St. Jo | oseph Hall | 4pm | | | Alonzo & Joseph March |
| Sun. Jan.21st | St. Jo | seph Hall | 10 am | | | For All Parishioners |
| Ministries | | 4 pm Mass Saturday, January 20th | | <u>.</u> | 10 am Mass Sunday, January 21st | |
| SACRISTAIN & LINENS | | Deacon Roy Smith, Team | | | Deacon Roy Smith, Team | |
| CHOIR | | St. Joseph Choir | | | Alan Gale | |
| GREETERS | | Ellen McNamara, Debbie Reashore | | | Ina Taylor, Bob Jardine | |
| USHERS | | Men and Women of the Parish | | | Men and Women of the Parish | |
| Readers | | Charlotte Monroe | | | Alexandra Young | |
| PRESENTATION OF GIFTS | | Parishioners | | | Parishioners | |
| EXTRAORDINARY MIN. OF HOLY COMMUNION | | Lisa Brown | | | Joan Skinner | |
| Interior Church (cleaning) | | | | | | |
| EXTERIOR SERVICE (SHOVELING) | | Fr. Doug | | | | |
| | | | | | | |

PARISH NEWS

Mass Cards more accessible, at office or self-Service Method for your convenience:

Do you want to offer a mass for someone or for an intention or cause important to you?

Mass cards can be completed by the parish secretary, or the self service option at the entrance of the Church. It is my understanding they are no longer available at the funeral home, so come by the office Tuesday to Friday, or get your mass card at the weekend mass. Mass cards are located at the statue of St.

Joseph at the entrance of the church. There are two parts to be completed:

1. Mass card - complete and take the mass card with you and give it to the person or family you are offering mass for.

2. Envelope - write the name and/or intention on the envelope provided and then place your offering inside and seal, then place in the collection.

3.Public or private mass? If you prefer a private mass, please write the word "private" at the bottom of the envelope. Then your mass will be said privately and no intention written in the bulletin.

Sacraments are free because God's grace is free, that means masses are also free. The suggested \$10 is a donation, not a cost, therefore if you offer \$5 or \$2 or a loonie that is fine.

Please take advantage of this mass card self-service approach or drop by the office so we can complete it for you. Every mass card



OFFICE HOURS:

TUES., WED., THURS, -9AM-1 PM

TEL: 902 -794-3951



intention will be processed, offered publicly at weekday mass on Monday, Tuesday or Saturday and listed in the weekly bulletin; unless you indicate you want a private mass.

St. Joseph Parish, Peace Fr. Doug

Profound Bow During Mass

In churches without kneelers, the faithful are asked to stand for the Eucharistic Prayer.

General Instruction Roman Missal GIRM 43

The Church teaches that the normal posture for participants that are sharing in the Holy Sacrifice of the Mass is kneeling at the consecration. The Church also teaches, under certain conditions, we are to stand and do a profound bow during the consecration if certain circumstances exist:

All should kneel, except when prevented on occasion by reasons of health, lack of space, the large number of people present, or some other good reason. Those who do not kneel ought to make a profound bow when the priest genuflects after the consecration." GIRM 43

In cases in which it is not possible to kneel, a profound bow and dignified posture will be signs to manifest reverence and adoration at the time of the consecration and communion." Notitiae 14 (1978): 302-303, n. 4.

Since there are no kneelers in the hall, and the floors may be wet from snow, I do not want anyone falling. Given all this we are not to kneel or sit during the consecration, rather stand and bow with our head and shoulders when the priest genuflects during the Eucharistic prayer. That is the official teaching of the Church in this context.

I know standing will be a sacrifice, however for the sake of <u>unity of posture</u>, which is one of the main principles of catholic liturgy, I invite you to follow Church teaching and stand in unity with the praying community.

It is confusing when half the congregation begins to kneel, thus some will feel pressure to kneel as well, so we can pray in unity, please remain standing and bow as the Church instructs during this temporary period of time.

In addition, we are an older congregation, and I have seen accidents as people feel pressured to kneel when no kneelers are present, but I do not want accidents, while our masses are in the hall this winter.

The Church teaching clearly instructs us to do a profound bow during the consecration when standing, but for those who want to kneel, I invite you to stay after mass for a prolonged period of kneeling when it will not cause confusion to others.

For some who will not accept this guidance, I ask that you congregate in the Fr. Loughnan overflow section, rather than the main body of the hall, to avoid confusion of correct posture in this temporary hall setting.

In conclusion, standing to receive Holy Communion is the normative posture for the reception of Holy Communion; however, a communicant is never to be denied Holy Communion if they choose to kneel. GIRM, 160. Thus, people can still kneel to receive Holy Communion in the hall.

I know these changes cause discomfort for some, but you are being guided by a pastor who offers the full Church teachings which involves distinctions that may be foreign to some. The context of mass in the hall involves these distinctions for kneeling or standing, so we need to avoid a black or white rigid approach to this sensitive issue. Unity is a central pillar of our Liturgy, so I hope we can all pray in unity.

With a view to a uniformity in gestures and postures during one and the same celebration, the faithful should follow the directions which the deacon, lay minister, or priest gives according to whatever is indicated in the Missal.". GIRM 43

See you all the weekend of Jan. 13th /14th in the hall.

Second Vatican Ecumenical Council, Constitution on the Sacred Liturgy, *Sacrosanctum Concilium*, no. 40; Congregation for Divine Worship and the Discipline of the Sacraments, Instruction *Varietates legitimae*, 25 January 1994, no. 41: AAS 87 (1995), p. 304.

Vatican Document on the Liturgy of Mass

https://www.vatican.va/roman_curia/congregations/ccdds/docu ments/rc_con_ccdds_doc_20030317_ordinamentomessale_en.html#III._THE_INDIVIDUAL_PARTS_OF_THE

<u>MASS</u>

The finance committee created *hall envelopes* that are available in the pews. For tax receipts write: *St. Joseph Hall* on your cheque.

Collections~ Thank You! Jan.6th. & Jan. 7th

| 290.00 35.00 50.00 |
|------------------------|
| 50.00 |
| |
| |
| 195.00 |
| 50.00 |
| 185.00 |
| 750.00 |
| 3210.00 |
| 3202.00 |
| 202.00 |
| 3 |

Shortfall for the week of Jan.6th& Jan.7th \$ 636.15

KOC & CWL

<u>The Knights of Columbus</u> will give a 5 minute talk prior to the 2 weekend masses of the history of the Knights of Columbus and how you as a Catholic Gentleman can give back to your Community, including excellent insurance benefits for your families.

The following are the monthly meeting times and dates from Jan-Jun. All meetings are held in the Church Hall, St. Joseph's Parish North Sydney at 7pm. Feb 15, Mar 13, Apr 10, May 8, Jun 12. Please clip and save.

There will be a <u>**CWL meeting**</u> on Monday January 15^{th} at 7pm in the Church Hall.

Community

Salvation Army Heat Fund

The heat fund starts on January 15th and is for \$400.00. The oil goes directly in your tank or you can receive a credit to N.S. Power. You are required to show proof of income as well as a recent bill. Applications can be obtained at the Salvation Army Store or at Fred Tiley's office, Elliot St. Sydney Mines.

Quote of the Week

"The best people possess a feeling for beauty, the courage to take risks, the discipline to tell the truth, the capacity for sacrifice. Ironically, their virtues make them vulnerable; they are often wounded, sometimes destroyed." Ernest Hemingway

News Story

https://www.cbc.ca/news/world/pope-francis-surrogacy-1.7077151

https://www.westernstandard.news/news/cbdc-bank-of-canadamoves-to-trademark-digital-dollar/51489