

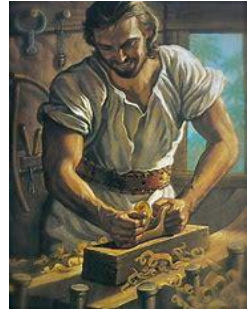


# PARISH COMMUNITY OF ST. JOSEPH

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## December 31st, 2023

### Happy New Year

†DECEMBER 31ST, 2023 †

**REV. DOUGLAS MACDONALD – PASTOR**  
 CHAPLAIN CAPE BRETON UNIVERSITY  
**Rev. Mr. Roy Smith, Deacon**  
 roy.smith@hotmail.ca

**DANIEL MCKEOUGH-HOLY CROSS CEMETERY 902-577-1717**

#### Leadership Ministry Team

Pam Hall- Secretary /Faith Formation, Cavell Young – Bookkeeping, Sally Ryan- Liturgy, Monica Shebib-Baptism, / Bereavement/Funeral Team, Lana Verschuren- Finance

OFFICE HOURS:

TUES., WED., THURS, –9AM– 1 PM

TEL: 902 -794-3951

#### ST. JOSEPH PARISH NEXT WEEK

Mass Intentions  
 FOR THE WEEK

Date	Location	Time	Details	
Mon. Jan. 1st	St. Joseph Hall	11am	Solemnity of Mary, The Holy Mother of God	
Tues. Jan. 2nd	St. Joseph Hall	11am	St. Basil & St. Gregory	For Jeffery Peters
Wed. Jan. 3rd	Holy Family (Sydney Mines) St. Joseph (Bras D'OR)	9am 6pm		
Thurs. Jan. 4th	Holy Family (Sydney Mines) St. Joseph (Bras D'Or)	9am 6pm		
Fri. Jan. 5th	Holy Family (Sydney Mines) St. Ann's (Alder Point)	9am 9am		
Sat. Jan. 6th	St. Joseph Church	4pm		
Sun. Jan. 7th	St. Joseph Church	10 am		For All Parishioners

Ministries	4 pm Mass Saturday, January 6th	10 am Mass Sunday, January 7th
SACRISTAIN & LINENS	Deacon Roy Smith, Team	Deacon Roy Smith, Team
CHOIR	St. Joseph Choir	Alan Gale
GREETERS	Ann Sampson, Kim Dooley, Sally Ryan	Taralee MacInnis, Yvonne MacDonald
USHERS	Men and Women of the Parish	Men and Women of the Parish
READERS	Ellen McNamara	Kay Batherson, Denise Jardine
PRESENTATION OF GIFTS	Parishioners	Parishioners
EXTRAORDINARY MIN. OF HOLY COMMUNION	Sheila MacCormick, Cathy MacDonald	George Quirk, Joan Skinner
Interior Church (cleaning)		
EXTERIOR SERVICE (SHOVELING)	Fr. Doug	

#### PARISH NEWS

#### Masses moving to Hall Weekend of January 13/14th

In mid January we will be once again moving to the hall for all masses, except funerals. All parishioners are asked to park as usual and then enter the side door entrance to our Church hall. Religious Education will continue in the office, meeting room and Religious Education room. Funerals will remain

upstairs all winter. Thank you for your cooperation as we use our limited funds for the oil to provide warm funerals for our faithful departed.

Below you will see an explanation with all official teaching on correct posture when we are in the hall setting for mass. Unity is a central element of Catholic prayer, as all we want to pray together. Unity of words, and unity of posture. **I understand this will be a sacrifice for some, but I invite everyone to make this temporary sacrifice.**

## Profound Bow During Mass

*In churches without kneelers, the faithful are asked to stand for the Eucharistic Prayer.*

### General Instruction Roman Missal GIRM 43

The Church teaches that the normal posture for participants that are sharing in the Holy Sacrifice of the Mass is kneeling at the consecration. The Church also teaches, under certain conditions, we are to stand and do a profound bow during the consecration if certain circumstances exist: "All should kneel, except when prevented on occasion by reasons of health, lack of space, the large number of people present, or some other good reason. Those who do not kneel ought to make a profound bow when the priest genuflects after the consecration." GIRM 43

*"In cases in which it is not possible to kneel, a profound bow and dignified posture will be signs to manifest reverence and adoration at the time of the consecration and communion."* Notitiae 14 (1978): 302-303, n. 4.

Since there are no kneelers in the hall, and the floors may be wet from snow, I do not want anyone falling. Given all this we are not to kneel or sit during the consecration, rather stand and bow with our head and shoulders when the priest genuflects during the Eucharistic prayer. That is the official teaching of the Church in this context.

I know standing will be a sacrifice, however for the sake of **unity of posture**, which is one of the main principles of catholic liturgy, I invite you to follow Church teaching and stand in unity with the praying community.

It is confusing when half the congregation begins to kneel, thus some will feel pressure to kneel as well, so we can pray in unity, please remain standing and bow as the Church instructs during this temporary period of time.

In addition, we are an older congregation, and I have seen accidents as people feel pressured to kneel when no kneelers are present, but I do not want accidents, while our masses are in the hall this winter.

The Church teaching clearly instructs us to do a profound bow during the consecration when standing, but for those who want to kneel, I invite you to stay after mass for a prolonged period of kneeling when it will not cause confusion to others.

For some who will not accept this guidance, I ask that you congregate in the Fr. Loughnan overflow section, rather than the main body of the hall, to avoid confusion of correct posture in this temporary hall setting.

In conclusion, standing to receive Holy Communion is the normative posture for the reception of Holy Communion; however, a communicant is never to be denied Holy Communion if they choose to kneel. GIRM, 160. Thus, people can still kneel to receive Holy Communion in the hall. I know these changes cause discomfort for some, but you are being guided by a pastor who offers the full Church teachings which involves distinctions that may be foreign to some. The context of mass in the hall involves these distinctions for kneeling or standing, so we need to avoid a black or white rigid approach to this sensitive issue. Unity is a central pillar of our Liturgy, so I hope we can all pray in unity.

*"With a view to a uniformity in gestures and postures during one and the same celebration, the faithful should follow the directions which the deacon, lay minister, or priest gives according to whatever is indicated in the Missal."* GIRM 43 See you all the weekend of Jan. 14/15th in the hall. God bless, Fr. Doug

Second Vatican Ecumenical Council, Constitution on the Sacred Liturgy, *Sacrosanctum Concilium*, no. 40; Congregation for Divine Worship and the Discipline of the Sacraments, *Instruction Varietates legitima*, 25 January 1994, no. 41: AAS 87 (1995), p. 304. Vatican Document on the Liturgy of Mass

[https://www.vatican.va/roman\\_curia/congregations/ccdds/documents/rc\\_con\\_ccdds\\_doc\\_20030317\\_ordinamento-messale\\_en.html#III](https://www.vatican.va/roman_curia/congregations/ccdds/documents/rc_con_ccdds_doc_20030317_ordinamento-messale_en.html#III). THE INDIVIDUAL PARTS OF THE MASS

### Thank you 🙏 for your Christmas Gifts

You were so kind and supportive of me as your pastor at Christmas. I was so grateful for your cards and gifts. Appreciative of your presence at our beautiful Christmas liturgies and deeply moved by the spirit of cooperation and good will from the people of the Northside. Special thank you to the many volunteers who do so much behind the scenes, especially our parish ministry team. I look forward to being with you all for many years to come.

Thank you all so very much, Fr. Doug

The finance committee created *hall envelopes* that are available in the pews. For tax receipts write: *St. Joseph Hall* on your cheque.

#### COLLECTIONS~ THANK YOU! DEC.23TH. & DEC.24TH

Envelopes		2862.00
Loose Cash		220.00
Fuel		100.00
Candles		75.00
Expectant Mothers		125.00
Faith Formation		
Indigenous Fund		5.00
Pre-Authorized Debit		750.00
<b>Total</b>		4137.00
Hall Fund		4150.00
Church Improvement		

Surplus for the week of Dec.th& Dec.th \$290.85

#### COLLECTIONS~ THANK YOU! DEC.25TH.

Envelopes		545.00
Loose Cash		1220.00
Fuel		60.00
Candles		70.00
Expectant Mothers		5000.00
Christmas Collection		3755.00
Indigenous Fund		15.00
Pre-Authorized Debit		750.00
<b>Total</b>		11,415.00
Hall Fund		1575.00
Church Improvement		50.00

Surplus for the week of Dec.25 \$ 7,568.85

#### Quote

*"Peace on earth will come, when we live Christmas every Day."* Helen Steiner Rice

**Peace Be With You and Have A Great Week**

